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Lancer space explorers prep robot for Australia experience

Since “launching” on January 4, the members of the **Lancer Robotics FRC** team have been diligently and intently focused on designing, building, testing and modifying their robot to conquer

“**Deep Space**,” this year’s challenge “mission.”

The team is currently completing the build portion of their robot. They will then test and modify their design before the robot needs to be crated and shipped on February 21.

This year’s destination is Sydney, Australia! The team will soon follow to compete in their first international competition at the **South Pacific Regional** from March 15 to 17.

Advisor Peter Park and the team are eagerly anticipating this trip, which is very different from what the team has ever experienced.

They get to explore a different country and receive varied experience from that in the United States – all in preparation for competing in the **Hawai’i Regional** from March 28 to 30.

Until then, the Academy explorers and their teammates from **Island Pacific Academy** are diligently focused on mastering the hardest part of this year’s challenge – two “field” component.

First, the “ship’s” hatch-holes need to be closed to contain a ball, and the second is having the robot lift itself up three levels to “park” on a platform.

While these may seem like simple tasks, they require immense ingenuity and engineering effort – but the team is determined to qualify for the **World Championships** and conquer “Deep Space!”



DEEP
SPACE

Presented by BOEING



ABOVE LEFT: Colton Okimoto, Katie-Lynn Rebugio and Jenna Tanna work on one of the components to collect challenge balls from the field to delivery to the “ship;”

ABOVE RIGHT: Katelyn Amoroso provides leadership for the team, along with fellow Co-Captain Kiara Flores.

From the Head of School

STRATEGIES FOR RAISING CHILDREN

Educational journals are filled with strategies for raising healthy and successful children. My husband and I have three adult children, and by far, this was the most challenging, yet rewarding, undertaking in our lives.



I was a bit unprepared this past week when a parent phoned asking for suggestions on how to become a better parent. The conversation caused me to think and share with you some thoughts – with the preface that, not necessarily, did I follow these when I was raising my own children!

- *Do not do for your daughter what she can do for herself. Start with requiring her to prepare a simple breakfast in the morning.*
- *Love the daughter with whom your family was blessed. She may never make "A's," and she may be a good sport, but has absolutely no desire to play one.*
- *Let your daughter know that life is full of mistakes, imperfect days and human failures. Teach her to be able to feel happiness and gratitude in the face of imperfection.*
- *Allow her to honor the importance of downtime. The schedules can be too full!*
- *Be a parent, not a CEO. A grade of "C" will not jeopardize her career. Much of your evaluation as a parent may be after your daughter is grown with a family of her own.*
- *The success trajectory for your daughter may not be a straight line. Most likely, there are going to be a multitude of twists, turns, and direction changes ahead of her. Start preparing her now.*

Betty White

VEX members continue to showcase IQ

The **Junior High** and **Lower School** members in the **VEX IQ** program have gained valuable experience and gained momentum with each ensuing competition, and the end of the season fast approaching.

In fact, they truly took their robots to the **"Next Level"** – this year's challenge – at the **East Honolulu VEX IQ League Challenge**, held on the Academy campus on February 2.

Advisor Peter Park boasted eight of the 30 team entrants in the competition, two comprised of Junior High students and the remaining six filled with members of the Lower School.

Amid stiff competition, the teams had a strong showing, with a number snagging top awards! These included:

TEAM 2437A (EIGHTH GRADE)

- ▶ *(Below with event sponsors from **Airgas**)*
Vanessa Laub, Hyatt Yoshioka and *(not pictured)*
Mei-Wai Lee and **Anna Takekawa**
- ▶ "Middle School Excellence Award" and "Teamwork Champion Award"

TEAM 27369B (FIFTH GRADE)

- ▶ **Elia Hakikawa, Mikena Gillis** and **Anastasia Lee**
- ▶ Ranked third overall and won first award ever - the "Inspire Award"

TEAM 2436F (THIRD GRADE LEAGUE TEAM)

- ▶ **Gabriella Beair, Claire Pinkerton, Emily Rebugio** and **Jordaine Wong**
- ▶ "Think Award" – their first VEX League award.



Counselors provide students with “Lessons for Life”

The Academy’s team of **counselors** were recognized for their hard work and year-long dedication to students as part of **National School Counseling Week 2019** from February 4 to 8.

While these individuals wear “many hats,” this year, they were specifically spotlighted for this week’s theme, **“School Counselors: Providing Lessons for Life.”**

And, the focus was put on the tremendous impact of school counselors in helping students achieve success, not only with current school matters, but also with planning for the future and laying the foundation for careers.

The school truly appreciates the work of its counselors – (right) **Mindy Rocha, Randy Fong, Anna Miyashiro, Cleo Eubanks, Fiona Hayashi** and (not pictured) **Keely Carey** – who have over 70 years of combined experience.



Donations collected for cause

As part of **Catholic Schools Week** in late January, the **Lower School Student Council** issued a “call” for help from students in grades Kindergarten to six. These **“Community Helpers”** were encouraged to donate clothing, toiletries and other items to benefit the Island’s less fortunate.



The generous donations are currently being organized, folded and packed in **Lacey Teshima’s** homeroom for future pickup by **Helping Hands Hawai’i**.

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HAZARDS IN THE haze

The allure and pitfalls of vaping and e-cigarettes

**FEBRUARY 28, 2019
5 TO 7 P.M. – CONFERENCE ROOM**

FEATURING SCOTT STENSRUD
*Statewide Youth Coordinator
Hawai’i Health Institute*

> *Insightful and enlightening presentation tailored for Academy parents*

> *Learn about this nation-wide “epidemic” – including health risks associated with product usage and creative marketing and product flavoring targeted for youths*

> *In Hawai’i, rates of usage among middle and high school students are at least two to three times the national average for ages*

Light refreshments provided at 5 p.m.

Mothers lauded for life-long efforts by Freshman daughters

The members of the freshman class placed their mothers in the "spotlight" at the annual **Mother-Daughter Luncheon** on February 3 at the 'Alohilani Resort.

This special Luncheon focused on highlighting the efforts these special individuals play in the lives of their daughters, thus this year's theme was all about "*Honoring Our Mothers.*"

Students **Sydney Shiroma**, **Hayleigh Peneuta** and **Shayla Mokuahi** provided special entertain-



ABOVE: Jinky Rebugio, Katie-Lynn Rebugio, Michellee McCartney, Mia McCartney, Brittney Pham, Cindy Pham, Kammi Nguyen and Sharilyn Nguyen

ment, dedicated - of course - to all the mothers assembled.

The other highlights of the festivities included a spirited and ultra-competitive game of blackout Bingo, with the winner vying for the

coveted centerpiece.

Ultimately, the best part of the day was these family duos simply being able to enjoy each other's company and spend quality time together in a relaxed setting!

High School English Chair celebrates milestone service year

At the annual **Conference of Catholic Educators** on February 1, **Jill Sprott**, chair of the **High School English Department**, was celebrated for serving in Catholic schools for 20 years!

Sprott taught at Our Lady of Sorrows in Wahiawa for five years and completed a stint at Hawai'i Pacific University. She also taught at Our Lady of Perpetual Help in Ewa Beach and was involved in the school's administrative work with **Sr. Davelyn Ah Chick**.

She joined the Academy in 2010, and her daughter **Zoe** is a school alumna.

Sprott (*second from right with English teachers Gaylen Isaacs, Chloe Smith and Ruby Fernandez*) remarked, "Sacred Hearts feels like home to me, and teaching is a vocation that I value as a gift."

