



November 2018 | Vol. XXV, No. 12

Benefits of JROTC continue well beyond Academy



*"The training, discipline and skills fostered in the **Junior Reserve Officer Training Corps (JROTC)** impacts participants throughout their lives – even though they may not choose a career in the military."*

The long-term impact JROTC has on student cadets includes the following:

- ▶ **JROTC is the premier leadership program in the nation with proven results.** No other training is effective with participants learning to lead, manage and motivate others through hard work and teamwork.
- ▶ **JROTC participants are outstanding role models** for others through their examples of self-confidence, pride, leadership and service-learning.
- ▶ **Because of their training, JROTC students have an advantage** when problem-solving, developing and implementing a plan of action and while diffusing and resolving conflicts.
- ▶ **JROTC fosters a deeper understanding of the world** and how to enact improvements.

The Academy is fortunate that its students can participate in JROTC as part of the programs at **Punahou** and **Saint Louis Schools**.

**HAVE QUESTIONS OR
WANT TO JOIN JROTC?**

▶ CONTACT COLLEGE COUNSELOR RANDY FONG AT RFONG@SACREDHEARTS.ORG

From the Head of School

UPCOMING ACTIVITIES SPAN GAMUT

As we enter November, the rest of the calendar year is quite busy, and we take a moment to thank our parents for their steadfast, daily support of their daughters in the life of the Academy.



Your commitment is very much appreciated.

We pause and say a prayer of thanksgiving for the service of our many veterans who will be celebrated on Sunday and Monday. The Lancer Band, under the direction of Keith Higaki, will participate in the Wahiawa Veterans' Day Parade at 9 a.m. on Monday morning. Please think about attending to honor our veterans and support our students.

Drama is a passion for many of our girls. *Mary Poppins Jr.* will close out its very successful run on Sunday at 2 p.m. at Mamiya Theater. Including the stage crew, 30 Academy students dedicated many hours to bring the magic of *Mary Poppins* to life.

With high turnouts, Lancer basketball launched recently, and the team will travel to Maui late next week to compete.

The Academy also has students participating in the Distinguished Young Women of Hawai'i at Farrington High School Auditorium on November 11. This formerly was called "Junior Miss," and the scholarship offers are some of the best.

We are preparing for Grandparents' Day on November 14 and 16. Please ensure that grandparents received an invitation and questions to can be directed to speialevents@sacredhearts.org.

Enjoy the long weekend!

Betty White

Making fast friends at Ranch

On October 22, the Academy's second graders traveled to **Kualoa Ranch Private Nature Reserve** in Windward Oahu to explore its dynamic setting and learn more about its environmental and agricultural enterprises. Specifically, they immersed themselves in the inner workings of the Reserve's working cattle ranch which fosters more than 600 head of cattle, 120 horses and 200 sheep.

In addition to the cows, horses and sheep, the students also learned about techniques and requirements for caring for the other resident animals on the 4,000-acre property.

They even had the opportunity to interact with a few, including some unique species, such as a llama, the pair of squawking geese and the pot-belly pig. And, they got "hands-on," feeling and comparing the different types of covering each boasts, such as a turtle's shell.



Tides and typography focus of quests

The fourth grade scientists have had a busy fall, full of observations and hands-on activities related to some of the unique geological, geographical and historical aspects of the Island of Oahu.

During one of their first off-campus forays in October, the students toured **East Oahu** and focused on finding the region's unique land features.

They not only did observations and assessments, (*right*) like at the lookout to view "Rabbit Island," but wondered the beach at *Awawamalu Beach Park*, also known as "Sandy's." Here (*above*), they took an up-close examination of the rocks, sand and soil of that ecosystem.

As part of their year-long study, the fourth graders were joined on this trip by **Marian Leong** of Papahana Kuaola's Leiekamanu Program. She educated the group about native cultural traditions connected to volcanoes and modern scientific theory about Hawaiian volcano formation and metamorphosis over time.

During another scientific learning trip on October 25 (*below*), the fourth graders traveled to **He'eia Fishpond** on the Windward side of the Island. This fishpond is a unique setting adapted by the ancient Hawaiians to not only catch fish for sustenance but to promote the health and sustainability of the ecosystem.

During their explorations, they examined the fishpond wall and surrounding terrain, located several different types of crab and fish, learned the importance of cloud observation in the area to predict the weather and completed some service work to help restore the fishpond to its original state.



Grandparents' Day

JUNIOR AND SENIOR KINDERGARTEN
November 16 at 8:30 a.m.

GRADES ONE TO THREE
November 16 at 10:30 a.m.

GRADES FOUR TO SIX
November 16 at 12:30 p.m.

GRADES SEVEN TO NINE
November 14 at 8:30 a.m.

GRADES 10 TO 12
November 14 at 11:15 a.m.

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INFORMATION OR RSVP AT
SPECIALEVENTS@SACREDHEARTS.ORG

COMPLIMENTARY VALET PARKING

Getting new view at forecasting weather

The Academy's fifth graders got a behind-the-scenes, in-depth view of the intricacies of weather forecasting during a visit to the **KITV 4 News** studio on October 17.

They were taken on this weather "journey" by (right) **Paul Drewes**, one of the station's meteorologists, and **Tesia Worley**, an anchor on the morning show.

Drewes took the students into the weather broadcast area and gave them a "primer" on the special tools used by meteorologists on-air to televise different parts of their forecast, including (below) the "blue screen" on which graphics are added and the "official clicker" he uses to switch screens and information displays like the "Seven-Day Forecast."

During this visit (right), the students also were thrilled to test some of the equipment, and some even conducted their own weather news segment!



Getting in spirit of STEM challenge

The **Junior Kindergartners** in **Sandy Arnobit's** class got "in the spooky spirit" during their **Halloween**-themed challenge focused on developing their Science, Technology, Engineering and Mathematics (STEM) skills.

For this activity, based on the book "**Five Little Pumpkins**," the students tapped into their creativity and ingenuity to build a gate using only the limited materials provided. The challenge – five pumpkins had to "sit" on the gate, so it needed to be sturdy, allow adequate room for all of them and enough coverage so they would not roll or fall off.

After much concentration and proper testing, most of the students solved the task – just in time to "trick-or-treat!"

Speaking for first time

On October 20, members of the Academy's **Speech Team** in grades five to eight participated at the **'Iolani Speech Tournament**, their first competition of the year.

While this was a non-tabulated tournament and no awards were given, the judges did rate each speaker for their verbal performance.

The Academy participants, including a number of "rookies" to the Speech Team, earned quite a few "Superior" rankings for their entries in the *Duo Interpretation*, *Storytelling* and *Impromptu Speaking* categories.

Speech Team members are advised and assisted by **Clarie Thompson**, **Gaylen Isaacs** and **Ruby Fernandez**.

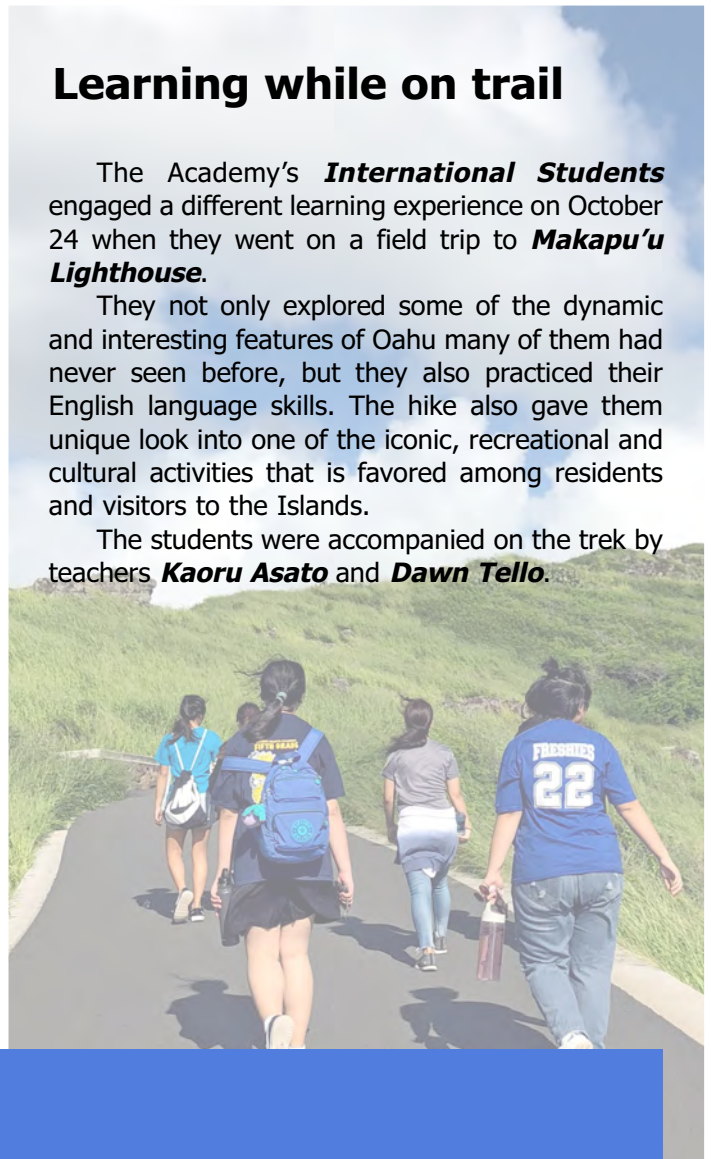


Learning while on trail

The Academy's **International Students** engaged a different learning experience on October 24 when they went on a field trip to **Makapu'u Lighthouse**.

They not only explored some of the dynamic and interesting features of Oahu many of them had never seen before, but they also practiced their English language skills. The hike also gave them unique look into one of the iconic, recreational and cultural activities that is favored among residents and visitors to the Islands.

The students were accompanied on the trek by teachers **Kaoru Asato** and **Dawn Tello**.



Pushing safety for pedestrians

On November 5, Academy students joined efforts to promote **pedestrian safety** after a rash of recent accidents on Oahu's roadways.

The effort included students from **Ali'iolani** and **Saint Patrick's Schools** as well as volunteers from the **Lion's Club**, **Farmer's Insurance**, **District 7 Officers** and members of the **Honolulu Police Department's Traffic Division**.

Participants were stationed at key intersections during morning rush hour to wave and hold signs promoting pedestrian safety awareness among passing drivers. The Academy students were along Wai'alae Avenue.

