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Benefits of JROTC training last for lifetime

The training, discipline and skills fostered by **Junior Reserve Officer Training Corps (JROTC)** membership travel with students and is applicable throughout their lives – even though they may not choose a military career.

The long-term impact JROTC has on students includes:



- **JROTC is the premier leadership program in the nation with proven results.** No other training is as effective with participants learning to lead, manage and motivate others through hard work and teamwork.
- **JROTC fosters strong citizens** who have a deep understanding of what the world is like and how it can be improved and impacted.
- **JROTC participants are outstanding role models for others** through their examples of leadership and service-learning.
- **Because of their training, JROTC students have an advantage** when problem-solving, developing and implementing a plan of action and diffusing and resolving conflicts.
- **JROTC instills self-confidence, pride and patriotism,** and cadets who have participated often have a stonger work ethic than those who did not.

The Academy congratulates the senior cadets from the **Punahou** and **Saint Louis Schools JROTC programs: Raelynn Chu, Mariko Galton, JulinaJade Reyes, Frances Nicole Tabios, Amily Tam** and **Lindsey Young**.



From the Head of School

CELEBRATING SPECIAL WOMEN



A slight, subtle "lull" happened on this beautiful Friday morning as first grade mothers joined their daughters and teachers, Veronica Prislin and Danica Baylor, in their classrooms for a delightful Mother's Day Tea.

I join most of you as members of the work force and acknowledge that being a mother is the most challenging and difficult job of all.

Regardless the age, the dilemmas remain the same over the years: are we giving our daughters enough of our time; are we instilling the values of hard work; are we doing enough to help them build an inner moral compass.

It is a joy working with your daughters and granddaughters, and the total staff join me in saying, "Your daughters know that you love them, and even in their sometimes disgruntled state, they love you dearly."

We extend a happy Mother's Day to each of our moms and grandmothers!

Betty White

Students prove HIKI NŌ

The Academy's **broadcast journalism** students refine



their skills throughout the year participating in **HIKI NŌ**, the first and only weekly student news show that airs on Public **Broadcasting System (PBS) Hawai'i**.

HIKI NŌ, which means "surely" and "can do," is student-driven, encompassing over 80 public, private and charter schools and featuring student-produced stories from their community and the world.

This year, four Academy students were among the middle and high school students awarded for their outstanding contributions to the HIKI NŌ program:

- **Celine Arnobit, Kailanianna Ablog** and **Ashley Lardizabal** were nominated for **Best Achievement in Cinematography and Editing** for their news story on the *International Union for Conservation of Nature World Conservation Congress*.

- **Frances Nicole Tabios** (second from right) was given a **Silver Award** for **Best Writing – High School Division** for her piece on "Text Neck."

The students produce the HIKI NŌ segments under the guidance of **Advisor Alyssa Myers**.



Water-wonderful world it is!

This year, the Academy's first graders have immersed themselves in the study and creation of art, and their most impressive projects were unveiled during the **First Grade Art Show** on May 7 in the Student Center.

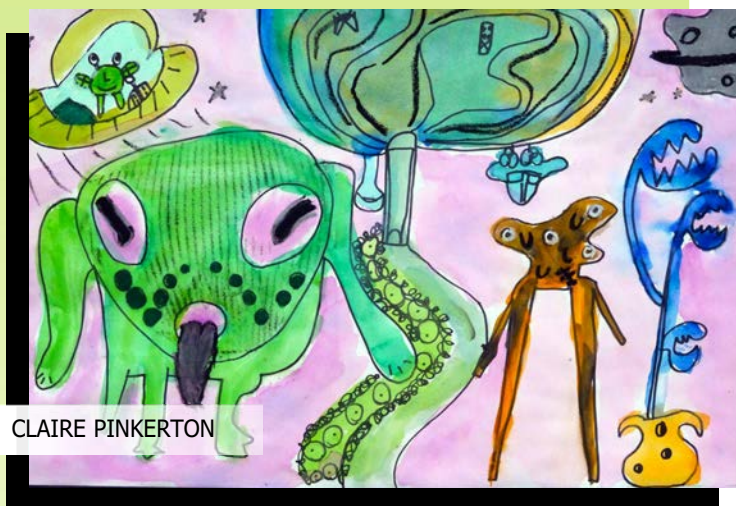
The proud artists and Art teacher **Malia Urie** showed off their pieces for the over 120 family members and friends in attendance, and the artwork was displayed throughout the week for the entire school 'ohana to enjoy.

Some of the projects on display, featuring aspects of watercolor use, included:

> The **"Leo the Lion"** assignment, drawn from reference before a unique, imaginative background was added;

> An alien scene based on what each artist imagined life on another planet would "look like."

Also on display were fired and glazed clay fish and a still life rendering of a cat.



CLAIRE PINKERTON



JORDAINE WONG



KARIELLE RODRIGUES



Lancers make dash for the finish line

Members of the **Lancer track and field team** competed admirably in the **Interscholastic League of**

Honolulu (ILH) Varsity Championships from April 26 to 28, and the season continues for nine

runners, who packed their bags to compete for State titles.

At the **State Championships** at Keaau High School on May 12 an 13, sophomore **Sade Mizusawa** will race in the hurdle events; and juniors **Pakalana Kam** and **Jocelyn Chen**, will compete in the 400-Meter dash and long jump, respectively.

In addition to their individual events, Mizusawa, Kam and Chen are slated to run in the relay events, along with seniors **Chloe Camello** and **Kaycee Selga**; juniors **Rebecca Auld**, **Tyson Noquez-Epil** and **Kiley Pazcoguín**; and freshman **Shay Bonilla**.

The runners are guided by **Head Coach Mari Kuroyama-Ton**.



Senior Lancers honored at breakfast

On May 1, 22 **Lancers** were recognized at the **Senior Athlete Breakfast**, a celebration marking the countdown to the culmination of their senior year and high school athletic experiences.

Parents and coaches of these athletes honored these students for their accomplishments in the competitive realm and beyond.

During the breakfast, the student-athletes shared their future plans, including their college and career of choice. Several hope to compete in athletics on the collegiate level, and some of the schools they will attend in the fall include: the *United States Air Force Academy*, *DePaul University*, *Virginia Tech*, *Williamette University*, *Cal Poly-San Luis Obispo* and *Gonzaga*.

